Self Knowledge

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BUILD ON STRENGTH, ELIMINATE WEAKNESS

GENERAL

- ▶ I'm (INTJ)
- I am a **reader & writer** (I take in & respond to information optimally by taking notes and writing stuff down I think fairly slow (thorough) in verbal communication. I need to prepare and not improvize.)
- ▶ I'm good at organizing data, creating/improving systems & categories (Good at seeing differences). I need a job where I create order out of chaos; project manager, planner & system designer)
- > I'm analytic, organized and make good long-term decisions
- > I perform better independant (Maximum autonomy = ideal)
- ➤ I need **progress feedback** constantly due to high performance standards (set measure points!)
- I need to make time for reading, planning, analyzing, writing and researching (strengths)
- I am an adviser (Back-end person/2nd in rang)
- ➤ I work better on things than with people (Hands > People). Create instead of serve
- Synthesizing (analyzing data/trends & numbers --> making accurate (purchase) predictions for future)
- I need structured, distractionless, (darkened?), low-stimulating environments for optimal performance

"The ideal corporate structure is one in which they have opportunities to devise and implement longrange strategies aimed at the efficient and effective use of the resources of the organization."Implementing systems of analyzing, automatizion & simplicity. "Making order out of chaos"

- Delen van het bedrijf opdelen in doelstellingen en deze opstellen voor werknemers
- Discover situations in which time/money is being wasted and create systems & procedures to improve efficiency!
- > Frequent social interactions make me tired due to low tolerance for stimulation (introvert)
- ➤ I am motivated by increasing my skills, ability to solve problems, getting my needs met, autonomy and meaningful work.
- ➤ I learn optimally <u>visually</u>, <u>logically</u> & <u>solitaryly</u>
- ➤ I need to feel in control of every aspect of my life i get frustrated when i don't (especially when something doesn't go as I want and I can't find how I can fix it). By aligning my effort with my goals and my goals with my wants, I feel in control
- ➤ I connect with people through listening a lot. I bond better with high-engagement, talkative people with whom I can have deep conversations whilst mostly listening.
- > Analyze the world around you and share this information with the world (through writing)



| Judging | | 52% | Prospecting | |
|---------|-----------|--------------|-------------|--|
| | | - IDENTITY - | | |
| | Assertive | 59% | Turbulent | |

ACTION ITEMS

- ASK how others perform, what their strengths are and what they value (SHARE YOURS with others)
- Question other's behavior, people can expand your perspective. Give them you advice and insights.
 - Hebt ge het gevoel dat ik de situatie begrijp? Hoe is uw map van social, wealth and health?
- Optimize social skills (help others by <u>advising</u>, <u>setting goals</u>, <u>structuring</u>, sharing your strenght/goals, HTWFAIP, OPEN, talk about interest in character, stay in contact, remember first name & prepare for social interactions)
- PRIORITIZE (+ quality & quantity) & EXECUTE
- Ask for help from others to solve your needs
- Explain your vision in great detail (explain as simply as possible) & act upon it. Knowlegde is potential power. Write it out before explaining
- Track progress through growth indicators (The more I develop professionally the more I grow into myself")
- Find careers with autonomy, friends, problem solving, innovation, learning opportunity, future oriented) --> EXPERIMENT
- **Self-promotion** (talk about the things that interest you & voice your opinion)
- Hands > Mouth, learn a technical skill
- Communicatie
 - Actief letten op trager en duidelijker spreken
 - Voorbereiden op sociale verzamelingen (standaardvragen/onderwerpen)
 - Concepten concretiseren voor mezelf (via archive reviews)

Strengths are **performance indicators** (not truth). You're not limited to what you're able to do, you'll just perform **optimally** if you perform from strengths.

MY SKILLS (What skills apply to any job --> Transferable? See linchpin)

Strenghts I can build on;

- Listenina
- Structuring/organizing
- Creativity; Writing, video-editing (motion design)
- Analytical skills; Repairing iphones/laptops
- Coding (making websites)
- (Investing)

Weaknessses I should delegate;

HR

MY INTERESTS

- Astronomy/Paleology
- Future & Fantasy
- Health & fitness
- Personal development (optimal living)
- Technology (how things work)
- Psychology (how people work)
- Music

weaknessses i snoula delegate;

- HR
- Marketing

Weaknesses I should build up

- Managing others (delegating work)
- Empathy
- How to sell/persuade
- Networking
- Public speaking

Music

My Sectors/Fields Of Expertise/Market

1. Computer And Electronics

2. Health, Pharmaceutical & biotech

 Psychology, Physiology, Anatomy, Nutrition (biochemistry),

Investing/finances (Side)

--> Given my strengths, my way of performing, and my values: How can I make the greatest contribution to solve needs? (combine skills & interests to provide value?). How can I learn what's necessary?

POSSIBLE CAREERS (You can't connect the dots looking forward)

- Programming
- Entrepreneurship
- Electronics repair
- Writer (freelance)
- Inventor
- Financial planner
- Psychology (one on one, listening)
- Mechanical engineer
- Project Manager
- System engineer
- Big data analyst
- Analyzing markets and creating products/apps for those needs
- Strategic marketing
- Web analytics (seo & market analysis)
- Law
- Natural science (astronomy, geography, biology, sociology, chemistry & technology)
- Freelance consulting
- Investment banker
- Technician: electrical/electronic
- Software and systems researcher and developer
- Strategic planner
- Investment/business analyst
- Designer
- Informational-graphics designer
- Freelance media planner

NOT: Improvising, Customer Service/HR, Constant Teamwork, Sales

Feel energetic/ 'the real me'/talk with drive/lose yourself in;

| Things I effortlessly excelling/learning quickly; | | | | | | | | | | | | | | | |
|---|--|--|--|--|--|--|--|--|--------|--|--|--|--|--|--|
| People I Envy/admire; Compliments of strangers; • "You are AMAZING at data analytics, have you ever considered SEO and marketing analysis and | | | | | | | | | | | | | | | |
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